



Registered Charity Number 663, **June 2019 Newsletter**

Extract from Bermuda Senior Islanders' Centre AGM Report May 2018-2019

The highlight of our Centre's financial year was the October 17 Tag Day which raised over \$7,000.00. We added \$2,000.00 to the final total proceeds from two corporate partners. Over 100 volunteers sold tags at businesses that allowed us to use their storefronts for the fundraiser.

We thank the Market Place Stores for their help: Hamilton, Somerset, Shelly Bay, Shopping Centre, Heron Bay and Modern Mart. Our thanks to Maxi Mart & Arnold's West, Hamilton & St. George's Supermarts, Devonshire & Warwick Lindo's and Gorham's for accepting taggers. Thanks to the Peoples Pharmacy, Collectors Hill & Hamilton Phoenix Stores and Robinson's Drug Store. We're thankful to Butterfield Banks in Somerset & Hamilton, HSBC Somerset, St. George's & Hamilton for allowing the fundraiser on their premises. The Bermuda College is to be praised for letting us count the day's takings on their campus.

Government Funding

The Bermuda Senior Islanders' Centre signed these filings with the Department of Health, 2018: Annual Report, Financial Statements, Grant Application and a Semiannual Report 2018-2019. We also signed a Letter of Offer for a contribution of \$41,690.00.

Private Donations & Sponsorships

We celebrated the tenth anniversary of Zurich Tea and received \$2,500.00 from the Zurich Foundation in recognition of the firm's community service. Michael Deevy and his staff hosted 155 seniors for the anniversary in St. John's Hall. Delighted seniors were served tasty refreshments and won grocery vouchers. Last year was the year for tenth anniversaries with EY's funding of the Christmas luncheon. Governor John Rankin CMG, Premier David Burt, JP, MP, and Jessel Mendes, EY Country Managing Partner attended the event. Thanks to Eugene Joell, Maxwell Maybury and the Whitney School Band for entertaining the festive gathering.

Fred Ming's 75

Hearty cheers to Fred Ming, he celebrated his birthday May 10th, at the Grotto Bay. Part proceeds (\$500.00) raised at the party was voluntarily donated to the Centre by Fred Ming and St. George Rotary Club.

Calendar of Events June 3-7, 2019

Mon. June 3, 11:00 a.m. Devonshire Senior Circle, Devonshire Adventist Hall

Tues. June 4, 11:00 a. m. 50 Social Plus Club, St. James Church Hall, Somerset

11:00 a.m. Happy Seniors Club, Hamilton Adventist Hall

12:30 p. m. Senior Islanders' Craft Class, Admiralty House

Wed. June 5, 10:00 Golden Hour Club, Peace Lutheran Hall, Paget

11:00 a.m. Each One Teach One, Warwick Adventist Hall

1:00 p.m. Joy Club, St. George's Community Centre

Thurs. June 6, 11:00 a.m. Golden Milers Salvation Army, Hamilton

1:00 a.m. Season Seniors Club, Adventist Hall, St. George's

1:00 p.m. RAA Senior's Club , St. George's

Events of June 10-14, 2019

Mon. June 10, 12 Noon Golden Elite Seniors' Club, Allen Temple Hall, Somerset

11:00 a.m. Sunshine Club, Southampton Adventist Hall

Tues. June 11, 10:00 a.m. 50 Social Plus Club, St. James Church Hall, Somerset

11:00 a.m. Happy Seniors Club, Hamilton Adventist Hall

12:30 p.m. Senior Islanders' Craft Class, Admiralty House

Wed. June 12, 11:00 a.m. Each One Teach One, Warwick Adventist Hall

Thurs. June 13, Crown of Glory, Somerset Adventist Church Ha

Events of June 18-21, 2019

Tues. June 18, 10:00 a.m. 50 Social Plus Club, St. James Church Hall, Somerset

11:30 a.m. Happy Seniors Club, Hamilton Adventist Ha

1:00 p.m. BIU Club, BIU Headquarters

Wed. June 20, 11:00 a.m. Each One Teach One, Warwick Adventist Hall

1:00 p.m. Joy Club, St. George Community Centre

Thurs. June 20, No Senior Islanders' Luncheon, Admiralty House Park

Fri. June 21, 12:30 p.m. Special People's Club, St. Mary's Church Hall

Events of June 24-28, 2019

June 24, 11:00 a.m. Sunshine Club, Southampton Adventist Hall

**Tues. June 25, 10:00 a.m. 50 Plus Social Club, St. James Church Hall, Somerset
11:30 a.m. Happy Seniors Club, Hamilton Adventist Hall**

Wed. June 26, 11:00 a.m. Each One Teach One, Warwick Adventist Hall

Thurs. June 27, 10:00 a.m. Mount Zion's Club, AME Church Hall, Southampton

Notice to Club Leaders

Affiliated clubs of the Island Wide Social Committee must send a representative to monthly committee meetings for their membership to receive perks and admission to sponsored social events. Club leaders should be represented at four meetings of the IWSC. Meetings are held the second Tuesday of the month at Admiralty House Park. Committee meetings for the remainder of the year are listed here: Tuesday, September 10 and November 12, 2019.

Some Symptoms of Congestive Heart Failure

Shortness of breath, during mild activity or when at rest

Unusual swelling in the lower legs and ankles

Fatigue and weakness

Feeling of suffocation while sleeping

Weight gain from fluid retention

National Institute of Health

**One of my colleagues once said:
There are only four kinds of people in
the world—those who have been
caregivers, those who are currently
caregivers, those who will be care-
givers , and those who will need
caregivers. Rosalyn Carter**



Help wanted

The Bermuda Senior Islanders' Centre needs a chairperson for the Tag Day Committee and Treasurer to serve on the Board. Please call us 259-9094 or email seniorislanders@logic.bm., if you would like to take on one of these jobs.

[Membership in the Bermuda Senior Islanders' Centre \\$5.00](#)

Name: _____

Address: _____

Phone# _____ Email _____

Date of Birth: _____

Interest: _____

Bermuda Senior Islanders' Centre Newsletter Editor: Fredrick R. Hassell, MBE

Office 441-295-9094, P.O. Box 1248, Hamilton HMFx

24 Admiralty Lane, Pembroke, HM 01

Email: [seniorislanders @logic.bm](mailto:seniorislanders@logic.bm), Website: www.seniorislanders.bm

Government Building 0329