



Admiralty House, Registered Charity Number 663, **Limited by Guarantee**

March 2019 Newsletter

Z Zurich Foundation Payout benefits Senior Centre

The Centre was a beneficiary of Z Zurich Foundation's hours matching programme when their Bermuda office received a payout for volunteerism. We work well with Zurich Bermuda, and we're naturally delighted that they selected us for a donation of \$2,500.00. For a decade Zurich has sponsored fabulous island-wide teas with appetizing refreshments and door prizes. We estimate that over a ten-year period dedicated Zurich staff have served over 1,600 tasty meals to seniors during Heritage Month.

Melissa Logie of Zurich said: "Company volunteers from around the world volunteer a staggering 121,290 business hours to improve the communities in which they live and work. Zurich volunteer rate was close to 90%. As you know, a large number of our Zurich Bermuda staff come out to support the Senior Islanders' Centre at the teas that we host. Our staff really enjoy this event and look forward to it every year."



Walk right in

The Ageing and Disability Services (292- 7802) in Hamilton offers walk-in service for persons wishing advice or help from 10:00 a.m.–1:00 p.m. weekdays. Clients can see a Case Manager at this time, if they arrive later they will be contacted by ADS staff at their earliest opportunity.

Ageing and Disability Services, Continental Building, 25 Church Street, Hamilton

**Admiralty House Luncheon, Thursday, March 21, 2019, 12:30 p.m.
\$7.00. Takeout Meals after 1:30 p.m., \$10.00**

Calendar of Events March 4-8, 2019

Mon. March 4, 11:00 a.m. Sunshine Club, Southampton Adventist Hall

11:00 a.m. Devonshire Circle Group, Devonshire Adventist Hall

Tues. March 5, 10:00 a.m. 50 Plus Social Club, St. James Church Hall

11:00 a.m. Hamilton Happy Seniors' Club, Hamilton Adventist Hall

12:30 p.m. Senior Islanders' Craft Class, Admiralty House

Wed. March 6, 10:00 a.m. Golden Hour Club, Peace Lutheran Hall

11:00 a.m. Each One Teach One, Warwick Adventist Hall

12:30 p.m. Joy Club, St. George's Community Centre

Thurs. March 7, 11:00 a.m. Season Seniors, St. George's Adventist Hall

11:00 a.m. Golden Milers, Salvation Army, Hamilton

12:30 p.m. Young at Heart Club, St. James Church Hall

12:30 p.m. Paget Luncheon Club, St. Paul's Church Hall, Paget \$5.00

1:00 p.m. RAA Club, St. George's RAA Club

March 11-15, 2019

Mon. March 11, 12 noon Golden Elite Seniors' Club, Allen Temple Church Hall

Tues. March 12, 10:00 a.m. 50 Plus Social Club, St. James Church Hall

11:00 a.m. Hamilton Happy Seniors' Club, Hamilton Adventist Hall

12:30 p.m. Senior Islanders' Craft Class, Admiralty House

Wed. March 13, 11:00 a.m. Each One Teach One, Warwick Adventist Hall

Thurs. March 14, 10:00 a.m. Crown of Glory Club, Somerset Adventist Church Hall

Where can I get a copy of the Senior Islanders' Newsletter?

Bermuda Senior Islanders' Centre, Admiralty House Mailbox

Ageing and Disability Services, Continental Building, 25 Church Street, Hamilton

Department of Community Affairs, Dame Lois Evans Building

Fri. March 15, 12:30 p.m. Special Peoples Club, St. Mary Church Hall

March 18-29, 2019

Mon. March 18, 11:00 a.m. Sunshine Club, Southampton Adventist Hall

11:30 a.m. Senior Circle Club, Devonshire Adventist Hall

Tues. March 19, 11:00 a.m. 50 Plus Social Club, St. James Church Hall

11:00 a.m. Hamilton Happy Seniors' Club, Hamilton Adventist Hall

12:30 p.m. Senior Islanders' Craft Class, Admiralty House

1:00 p.m. BIU Senior Club, BIU Headquarters

Wed. March 20, 10:00 a.m. Golden Hour Club, Peace Lutheran Hall

11:00 a.m. Each One Teach One, Warwick Adventist Hall

12:30 p.m. Joy Club, St. George's Community Centre

Thurs. March 21, Senior Islanders' Luncheon, Admiralty House Park, \$7.00

Tues. March. 26, 10:00 a.m. 50 Plus Social Club, St. James Church Hall

11:00 a.m. Happy Seniors' Club, Hamilton Adventist Hall

12:30 p.m. Senior Islanders' Craft Class, Admiralty House

Thurs. March 28, 10:00 a.m., Mount Zion Seniors, Southampton

[Renew Your Membership in the Bermuda Senior Islanders' Centre \\$5.00](#)

Name: _____

Address: _____

Phone# _____

Date of Birth: _____

Email Address: _____

There are More of us

The population of Bermuda according to recent figures is 63, 779 and those of us 65 and over comprise 17 % of the population. We have 10, 842 senior islanders and the median age of the population is 41 to 44.



Island Wide Social Committee Meetings for 2019

Bermuda Senior Islanders' Centre, Admiralty House Park

April 9, 2019, May 13, 2019

September 10, 2019, November 12, 2019

The Island Wide Committee meets at 1:15 p.m.

Mount Zion Seniors helping Seniors

Mount Zion seniors did a kind deed to fellow seniors in Lorraine Rest Home and the Matilda Smith Williams Home at Christmas by donating \$300.00 to each of the care homes.

The Island Wide Committee is delighted to have Mount Zion Senior Circle members working with us to bring cheer and encouragement to seniors in care homes. Although they collected the cash for members Christmas gifts, they had a changed of heart and gave the funds to the homes.

Bette Richardson, leader of the group, is planning to raise funds at their Thanksgiving dinner next year so they can help other worthy causes.

We praise Mount Zion Seniors for keeping alive the theme of the United Nation's International Day of Older Persons of Seniors Helping Seniors.
(Royal Gazette December 2018)



Bermuda Senior Islanders' Centre Newsletter

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